

At H'art Healing Hub, good hygiene and client safety has always been top of the agenda. In the light of Covid-19, I have ramped up my sanitation and disinfection procedures. I have removed all unnecessary equipment from the treatment room and the whole place has been deep cleaned. I am continuing to monitor the situation closely with advice from my professional organizations: [www.fht.org.uk](http://www.fht.org.uk), <https://www.reikifed.co.uk/>, <https://www.cnhc.org.uk/>, <https://www.aor.org.uk/> and will make changes as required or necessary.

At this time, I have implemented the following extra precautions:

- All surfaces that you may touch will be sanitized before and after each client visit – this includes the doorbell, door handles, handrails on stairs, taps, toilet seat, toilet flush, pens, card payment machine, and any therapy equipment used during your treatment. Music equipment and any items handled by the therapist will also be sanitized before and after each client.
- Clients will be asked to wash their hands before and after their treatment, and I will provide antibacterial soap and paper towels for each person.
- Clients will be asked to complete and sign a Covid-19 questionnaire before having their treatment.
  - Please bring your own slippers to avoid walking on your bare feet.
- Clients will be required to wear their own face mask.

**Government guidelines do not permit me to do any facial treatments at present.**

- Please bring your own bottle of water, as I will no longer be providing a glass of water after the treatment.
- If you think there is a possibility you may have been around, exposed to, or worked with or around anyone who may have, or have had Covid-19 in the last 30 days, please reschedule your appointment and wait out the WHO recommended amount of quarantine time before rescheduling.
- My priority is to protect you, your family, as well as ours, and all other clients that may be entering the premises.

Thank you so much for coming to have treatments with me and I am happy to be of service to you.

Klaudia Walker-Kadar, H'art Healing Hub

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